



## Essay Contest Entry Form

Topic : How can you contribute to GNH being a volunteer?

Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

School/Organization (if applicable): \_\_\_\_\_

Date of Birth: (day/month/year) \_\_\_\_\_ Age: \_\_\_\_\_

Entry category (divided by age group) :  C1 ( 14 yrs) /  C2 (15-22 yrs)  
 C3 (23-55 yrs) /  C4 (56 yrs)

Contact tel number: \_\_\_\_\_

Email-address (if applicable): \_\_\_\_\_

Home Address: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Language (select one):  Dzongkha /  English

Number of words (within 200-750): \_\_\_\_\_ words

Declaration (you must read this carefully, and then sign at the bottom if this is true):

I declare that the essay was written by me and it has not been published elsewhere, and that it is not subject to any copyright. I agree that the organisers may keep the essay, and may publish it for the promotion of volunteerism and/or Bhutan, regardless of whether the essay is a winning one or not. I understand, however, that due acknowledgement will be made wherever this essay is published by the organisers of this contest.

I have read, and understand, and agree to the conditions and rules of the contest.

**Signature** : \_\_\_\_\_

### \*What is "Volunteerism"?

Volunteerism is simply giving your time, knowledge and energy to assist others without asking anything in return. Volunteerism is for example helping someone in your village who has suffered from a flood or sickness. Another example is working together to provide water or roads to one's village without payment or government assistance. Volunteerism benefits both individuals and society as it contributes to the greater good of society. Fortunately, all of us can become volunteers and help develop and improve our society. "**How can you contribute to GNH being a volunteer?**"

### \*GNH: GROSS NATIONAL HAPPINESS

GNH was coined by His Majesty Jigme Singey Wangchuk. Many countries think that higher Gross National Product (total value of goods and services produced by a country in one year) is what makes its people's life better. But HM challenged this materialistic way of thinking by asking if a country has lot of wealth but less happiness, what is the meaning of the wealth? Happiness is a broader scale to measure the condition of a country. Bhutan has adopted GNH as a guiding vision for its aim of development. To fulfil this goal every Bhutanese has a role to play.

*Completed entry form, with essay, should reach the UNV Office, UN House, PO Box 162, Thimphu, latest by Wednesday 27 September 2006.*